Can-G (formerly known as Candida-G)

Cynthia Foster, MD • DrFostersEssentials.com

Can-GTM is the NATURAL alternative for controlling yeast and Candida. It is a powerful combination of Bacillus coagulans (lactobacillus sporogenes) plus Aloe making it the natural choice for the correction of tissue damage done by Candida. Using Candida-G orally helps identify and mark Candida as a bad guy to the immune system. Bacillus coagulans works on controlling the overgrowth of Candida internally.

The Aloe barbadensis Miller helps repair and defend tissue damaged by Candida. Of all the many Aloe Vera species worldwide, this Aloe contains the highest concentration of mannan molecules responsible for the repair of tissue damage at the cellular level. Aloe barbadensis Miller is an adjuvant that assists Bacillus coagulans in more effectively



controlling and defending against Candida overgrowth. Candida-G is the missing step in Lactobacillus Therapy. Using Candida-G topically helps fight and control Decubitus ulcers, Ringworm, Toe-Fingernail Fungus, Various Skin Eruptions, Diaper Rash, Eczema, Vaginal/Rectal Itching & Burning, Athlete's Foot, Dandruff and Much More...

Taking Candida-G Orally:

Taking Candida-G[™] orally, along with Flora-G[™] or Flora-G Plus[™] helps to quickly establish a more pH balanced environment to rid the lower bowels of an overgrowth of yeast, Candida and pathogenic bacteria.

General Protocol:

Take 1 capsule Candida-G[™] daily and 2 capsules Flora-G Plus[™] OR

Take 1 capsule Candida- G^{TM} daily and 8 capsules Flora- G^{TM}

Continue taking Flora- G^{TM} or Flora- G^{TM} for at least 3 weeks before reducing to a maintenance dose of 4 capsules daily of Flora- G^{TM} (or 1 capsule daily of Flora- G^{TM})

Using Candida-G Topically:

For Vaginal Yeast or Bacteria As An Implant:

Empty and mix the contents of 1 capsule in three to four ounces of warm water. Do NOT use more than 1 capsule. Do NOT insert the capsule directly into the vagina – it MUST be mixed with water to dilute it. Distilled water is the best. Use a turkey baster, douche bag or baby feeding syringe (that you have bought just for this purpose) to insert the liquid. Lie down for ½ hour to allow the liquid to absorb. Best done at bedtime.

Do once a day for about 3 days. In addition to that, if there is burning/itching, you can also use a spray bottle to spray the outer tissues. As you spray it on, the liquid is absorbed. As the liquid is absorbed, spray more on. The moisture keeps it activated. Keep spraying until relief is obtained. After three days, switch to Flora-G plus capsules and repeat the same process for 3 more days. This builds up the bacterial flora.

For Skin Problems:

Using an empty 4 ounce bottle with lid...Empty 1 capsule in a four ounce bottle, add some warm water and replace the lid. Shake mixture vigorously for 5 – 10 seconds. Fill the rest of the bottle with warm water and shake again. Using a "make-up remover pad" (or some absorbent cloth) you can apply the mixture to the face for acne, for cleaner, softer skin; apply to exposed vaginal/rectal areas for burning and itching; apply to cuts and rashes; apply to mosquito bites, bee stings, etc...It is important to rub the Candida-G solution into the skin so that it can be absorbed.

To Use As a Soak:

Empty and mix the contents of 1 to 2 capsules in warm water and soak affected area for 15-20 minutes.

Candida-G can be used by itself with good results at the dose of 1 to 2 capsules daily. But for maximum results, use with Flora-G or Flora-G Plus.

Unlike acidophilus supplements, bacillus coagulans (sporogenes) survives the hydrochloric acid of the stomach. It can grow in the small and large intestines when candida overgrowth has taken control. Unlike acidophilus, which is an animal based bacteria, sporogenes is a plant-based bacterium. Sporogenes is truly in the Bacillus family of bacteria so it has its own defense mechanism, a shell that can naturally protect it from O2, light and heat. Those factors kill acidophilus and other lactobacillus bacteria. By contrast, sporogenes stays safe in its protective shell until you need it and does not need to be refrigerated.

For more detailed information please see the video:

How to Heal Candida Overgrowth:

https://www.youtube.com/watch?v=ArpT11wbjto

