

Tissue Repair Oil

Cynthia Foster, MD • DrFostersEssentials.com

Uses:

- **Joint Discomfort:** Use a drop or a few drops, depending on the size of the area you are treating. You should use this formula every day to help reduce inflammation in a certain joint, muscle, ligament, tendon or any other painful area. It works over time to reduce inflammation more and more, so keep using it and don't give up after just one application. Apply at least 3 times per day – or more if you need it and for as long as you need it.
- **Sore Muscles or After a Workout:** apply a few drops wherever you are sore, or starting to feel sore. Repeat as needed.
- **Injury:** apply to injured area to help repair damage. For example, strains, sprains, stress fractures, greenstick fractures and broken bones. Use at least 3 times per day to help that part of the body heal more quickly. Use for as long as you need to.
- **How Often and How Long To Use:** It's recommended to use at least 3 times per day for to help reduce chronic inflammation. Over time, the inflammation should become less and less. A one-time application can work well, but consistent use over time does even more. See also Castor oil packs.
- **Widespread Areas That Are Painful:** if you have pain throughout your body, you may want to use an essential oil massage oil to reach more areas without using up the entire 1-ounce bottle of Tissue Repair Oil. Muscle Energizer Oil can help if you suffer from widespread discomfort and you can also spot treat the most painful areas with Tissue Repair Oil.
- **Faster Healing From the Inside Out:** If you have a broken bone or severe injury, consider adding Earth's Nutrition Powder (take 2 TBS twice daily) and [Dr. Foster's Bone, Tissue, Nerve](#) Formula by mouth to also help the bone heal faster from the INSIDE – nutritionally. If you've injured nerves, you can add [Dr. Foster's Nerve Calm](#) either by mouth or rubbing a couple of drops on the injured area topically. Repeat 3 times daily until the area is healed. You can use it for as long as you want.
- **Contains Hot Chili Pepper - Wash Hands Thoroughly After Use:** If you wear contact lenses, wash your hands at least 6 times before handling your contact lenses or you could get cayenne residue on your lenses and that will cause a burning sensation when you insert your contact lens. It really does take 6 times. If you accidentally get residues of this formula on your contact lenses, you'll need to use an enzymatic contact lens solution and

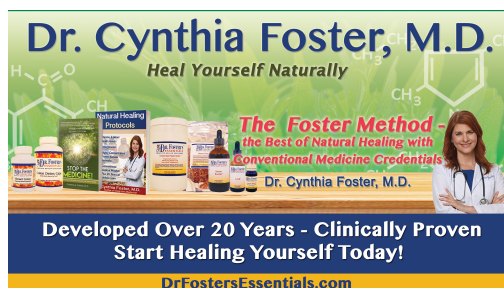


let your lenses soak in that to remove the them. (Better if you wash your hands 6 times before handling your contact lenses or you could just wear your eyeglasses during your healing process.)

- **Deep Penetration:** this oil goes in deeper than many other products due to the DMSO content and the D-limonene which drives the therapeutic oils deeper into the tissues. The Peppermint oil provides a “cooling” sensation, while the cayenne provides the “warmth.” So, it’s cool and hot at the same time, and this hot and cold “combo” can be very useful for aches and pains.

Videos and Articles for Even More Info:

For more extensive information about what to do for injuries, please see the following videos on Dr. Foster’s Essentials YouTube Page:



[YouTube.com/DrFostersEssentials](https://www.youtube.com/DrFostersEssentials):

More Information Below:



Pain & How to Get Out Of It:

drfoster.co/out-of-pain



Regrow Tissue, Heal Deep Cuts and Wounds:

drfoster.co/heal-injuries

Customer Experiences:



Packed with power 05/18/2021

By Stephen Hopson

I bought this as my first purchase to gauge the effectiveness of Dr Foster's product line. If the oil proved to be a dud, I would stop there and not go any further.

It was used for knee and calf swelling that registered a 9/10 on the pain scale. After applying the tissue oil for several days, the swelling went away and the pain dropped to virtually nothing!

I didn't have to take any prescriptions or undergo invasive medical procedures.

The tiny bottle is packed with such potency that I felt an immediate warm sensation upon applying it on my knee and calf. The smell was pleasant yet so strong that I actually coughed because it was so powerful!

It was definitely worth \$30 (including shipping/handling). In fact, I bought a second bottle for future injuries! And my confidence was boosted so much that I decided to invest in a liver/gallstone cleanse at a significantly higher price because I now believe the quality of Dr Foster's line are second to none.



Wow! Buy it! 03/29/2020

By Elayne Nueman

This is incredible. It works ASAP on all the usual body parts where I can ache--- low back , my torn ligament, neck,--- and yesterday to relieve posterior knee pain when stretching, allowing me to regain my usual stretch position easily without stress. I have had chronic pain RLQ and R lateral hip for 1.5 yr after a partially torn ligament and bony avulsion on iliac crest, and I get relief from this! I must have it in my house!

Good Luck and Good Health To You!

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